

“UNITED VOICES for SEX OFFENSE REFORM”

Healing Tuesday Meeting Minutes

Tuesday, April 29, 2025, 7:30 PM EST / Via ZOOM

Attendees: 26

Overview:

- Team updates will be discussed and the 4/1/2025 meeting minutes will be reviewed at our next general meeting on 5/13/2025
- Procedure for the meeting protocol with a guest speaker and for asking questions
- Information about tonight's topic, guest speaker, introduction, and welcome
- Group discussion

Notes:

1. Meeting called to order at 7:34 PM EST
2. Introduction and welcome to our guest speaker, Joe (Joey) Nicholson.
Joey is the developer of “The Mirror”, his flagship workshop. This workshop is a spiritually grounded and psychologically sound session that guides individuals through the processes of self-reflection, emotional decoding, and thought reconstruction. He is the founder of The Pathfinder Initiative – a lived-experience-led movement focused on reentry, recovery, and reform. Joey is a Certified Professional Life Coach and Mindset Coordinator. He believes that everyone has the capacity to rewrite their story, reprogram their mindset, and reclaim their future. Joey's work doesn't cater to headlines, it caters to the heart of transformation. He is not just building a curriculum; he's building a movement. “You are not broken. You are under reconstruction.”
3. Discussion and group questions.
 - Joey presented his workshop, “The Mirror”. He inspired powerful moments of reflection and real growth. We learned the power of the pause, how to decode our inner world, and how to move beyond the emotions that often hold us back.
 - Questions were asked about his life, his incarceration, and applying this mindset as a person forced to register and how this thinking process can be beneficial to those who are incarcerated and their families.
 - The group thanked Joey for his presentation and there were many comments about being uplifted by his presentation. Joey can be reached by email at: joeynich151@gmail.com

8:51p.m. Adjourn Meeting

The next meeting will be on Tuesday, May 13, 2025, 7:30 p.m. EST